

WALK AND CYCLE FOR MORE GREEN AND NATURE IN THE GRAPE REGION (DRUIVENSTREEK)

GREEN AND NATURE

Various studies show that a green environment and nature have a positive effect on our health. Not only because they stimulate social contact and exercise but also just of the presence of it in our villages and surroundings.

Since the virus Covid-19 outbreak, we have started walking and cycling more and discovered the beautiful nature in and around the Grape Region¹ like the forests of Zoniën and Meerdaal, the valley of the Dijle, the Doode Bemde and Heverleebos. But also the connections between these nature reserves and areas, such as the wide open plateaus and the valleys of the Voer, the IJse and the Laan. The Flemish government, the four municipalities of the Grape Region and various nature conservation organizations are making efforts to put the Grape Region on the map as a green region. And this by taking initiatives like preserving the open spaces, connecting the nature reserves and restoring natural landscapes. But also by introducing more greenery in the villages, improving the slow paths network and new walking and cycling paths.

All these initiatives aim to preserve the beautiful Grape Region of which the natural landscapes and open spaces are coming under pressure.

WHAT WE WANT TO DO TOGETHER

The Rotary Club Overijse-Zoniën (RCOZ) is engaged in social services, with a particular focus on the Grape Region. With our action 'Walk and cycle for more green and nature in the Grape Region' we want to join efforts for a Grape Region with healthy, green and liveable residential areas in and surrounded by beautiful nature.

In concrete terms, we want to plant more sustainable solitary trees in and around the village cores in cooperation with the municipalities and nature conservation organizations.

We hope to contribute in this way and to draw attention to villages and neighbourhoods with attractive green squares and shady streets where children can play and the elderly can meet each other more easily.

For this action we have set out a number of walking and cycling routes in the Grape Region. You can discover them on your own or under the guidance of a guide.

REGISTRATION AND PARTICIPATION

Our action runs from the 21st of March until the 5th of June 2021. Registration for participation can be done on our website www.rcoz.be. We ask for a contribution of 10 € per adult participant to support our tree action. The members of Rotary Club Overijse-Zoniën will double the amount of the first 400 participants !

We hope you walk or cycle each a minimum of 20 km during the time of the action. This is entirely without obligation ! You will find the routes and guides on our website.

With this action we expect to be able to plant at least 40 sustainable solitary trees in the four municipalities of the Grape Region and count on you for at least 2.000 km travelled!

Your own personal tree for 250 € !

Why not agree to walk or cycle together as a team with friends, family or colleagues or jointly donate 250 € ! We will then plant your own personal tree !

All contributions, donations and sponsorships will go to the purchase and planting of trees.

In this way, we all work together on more green and nature in the Grape Region.

¹ The Grape Region (Druivenstreek) consists of the municipalities of Tervuren, Overijse, Hoeilaart and Huldenberg.